

SUN PROTECTION POLICY

Amendment History

Revision	Author	Description of change	Date updated
Original	Karen Walls	New policy	April 2006
KASC policy	Carol Hooper	Adapted from adopted Kineton Playgroup policy	August 2006
1	CH/SM	Review only, no change required	April 2007
2	CH	Merge KASC and Playgroup policies; update footer	September 2007
3	CH	Add reference to permission to use specified Playgroup suncream	May 2008
4	CH/ SM/ Alison Foulds	Add reference to factor 50+ sunscreen	June 2009
5	CH/AF	Ref to applying sunscreen before coming to playgroup	May 2010
6	CH/AF	No change	May 2011
7	CH/HS	Minor changes to wording	October 2012
8	CH	No change	May 2015
9	CH	Reference to balance between sun protection and vitamin E absorption	November 2016
10	CH & SF	Change of title to 'Sun Protection'	February 2018
11	CH & SF	Reviewed, no changes	January 2020
12	CH	Reviewed, no changes	July 2022
13	CH, TH & XF	Reviewed, no changes	July 2023

SUN PROTECTION POLICY

At Playgroup and KASC we want staff and children to enjoy the sun safely. At the same time we acknowledge that children must be able to play outside in order to absorb vitamin D. This policy seeks to strike a balance between those two aims.

Education

All children will be involved in activities designed to make them aware of safety factors which can be used to keep safe in the sun.

Parents and carers will be informed what is being done to raise awareness of sun protection.

All children will be encouraged to bring in a hat and wear suitable clothing for playing outside during sessions.

Outdoor activities

Activities outside will make maximum use of natural shade. Children will spend more time playing outside before 11am and after 2pm.

All children and staff are actively encouraged to wear a hat when outside. Spare Playgroup caps will be available for children who forget their own.

Children will be encouraged to wear T-shirts or school uniform with sleeves to help protect them from sunburn.

Children will be encouraged to take breaks and relax quietly if they appear to be getting too hot, and to drink water during warm days.

Sunscreen

The registration contract includes signed permission for staff to apply sunscreen if it is required. Parents may bring in their own clearly labelled bottle of factor 30+ sunscreen for their child or may choose to use Playgroup's own specified sunscreen (factor 30+)

Parents are encouraged and reminded regularly in newsletters and on the notice board to apply sunscreen to their child before coming to playgroup.

This policy was developed with the help of staff and parents of Kineton Playgroup, local health advisors and SunSmart Cancer Research UK in April 2005, and updated and adopted in April 2006 by Kineton Playgroup. It has been adapted to be appropriate to the ages of children, activities and session times at Playgroup and KASC.